

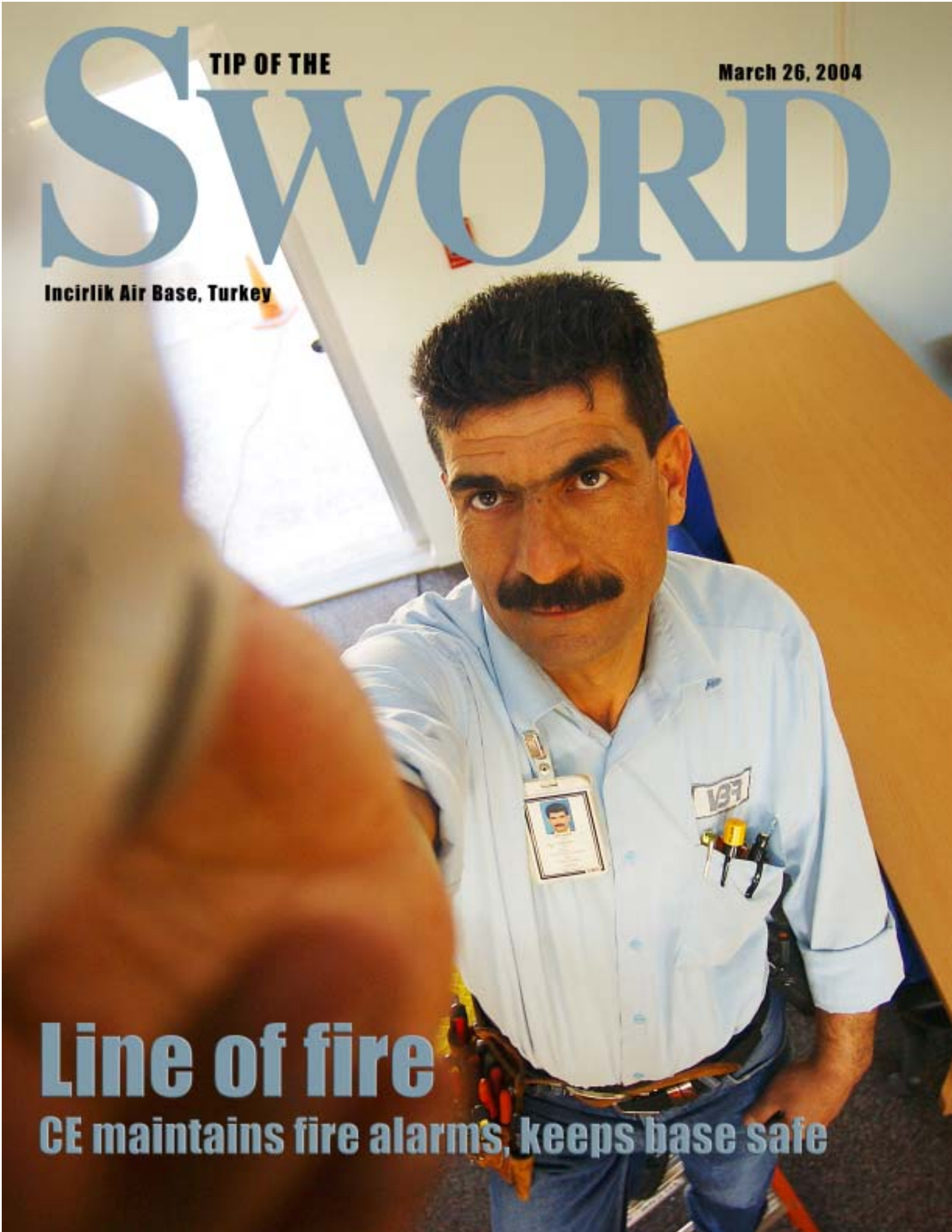
TIP OF THE SWORD

March 26, 2004

Incirlik Air Base, Turkey

Line of fire

CE maintains fire alarms, keeps base safe



TIP OF THE SWORD

Volume 33 ♦ Number 11 ♦
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Photo by Senior Airman Michelle Miranda
Members of the 39th Maintenance Squadron loaded 100 empty storage containers to build a force-protection wall around the Agalar port in Turkey during the redistribution of munition assets March 7. See related story, Page 5.



Photo by Senior Airman Dallas Edwards

Maj. Alvin Rice, 168th Air Refueling Wing aircraft commander who is deployed from Eielson Air Force Base, Alaska, lifts weights at the fitness center here to keep in shape. With the recent implementation of new Air Force fitness standards, some Air Force members may be seeking unhealthy methods for rapid fat loss. See related story, Page 7.

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On the cover:

Zahit Gumus, 39th Civil Engineer Squadron fire alarm technician, installs a fire alarm detector in a building on base. There are approximately 180 fire alarm systems on base. See related story, page 6. (Photo by Senior Airman James Seymore III)

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No more waiting

Some personnel services available only on Web

AIR FORCE PERSONNEL CENTER—Airmen will no longer have to stand in line to accomplish a personnel records review or several other common tasks.

In fact, confident from successes with last year's move of the record of emergency data to the Web, officials have decided to make six different personnel services available only on the Web. Military personnel flights will point customers toward the Internet if they want to:

- ♦ Apply for a change to an assignment or change a report not later than date
- ♦ Apply for certain curtailments of date eligible for return from overseas
- ♦ Accomplish a humanitarian or exceptional family member program application
- ♦ Request for a 'proof of service' letter, often needed for home loans
- ♦ Review their records, especially when facing promotion actions
- ♦ Make simple updates to common information like home address, home telephone number, religious preference, race, ethnic group, foreign language self-assessment, duty e-mail address and personal e-mail address.

Questions can be answered for people transacting these services 24 hours a day online or by a toll-free call to the Air Force Contact Center at

"Airmen nowadays are very adaptable and computer literate. In no time, this will be second nature to everyone."

— Col. Dale Hess
Air Force Personnel Center
director of operations

Randolph Air Force Base.

The Air Force's top force development officer says the changes indicate the maturing of the virtual MPF concept and realities of how busy Airmen are while fighting the war on terror.

"Why ask Airmen to leave their work site, drive across the base and wait in line at the MPF when they can accomplish the same thing online — it's easier for everyone," said Maj. Gen. Thomas O'Riordan, Air Force Personnel Center commander. "The virtual MPF has proven itself as a viable force multiplier ... it's time we step up and take advantage of this technology."

It is expected that more online services will mean less work on both sides of personnel flight help desks. Officials anticipate the average time spent waiting in line for other services will de-

crease for customers visiting personnel flights.

The changes do not mean Airmen will not have their applications reviewed. The level of approval isn't changing; instead approvals are routed electronically by the personnel center to the correct approving officials.

For instance, a DEROS change requested online on virtual MPF is routed to the contact center, which coordinates the request through the member's gaining and losing commanders.

Colonel Hess emphasizes Airmen will not be turned away from the MPF.

"We'll make sure our customers are guided through the processes, and it's explained to them," said Col. Dale Hess, AFPC director of operations. "Airmen nowadays are very adaptable and computer literate. In no time, this will be second nature to everyone."

Airmen can access the virtual MPF through the Air Force Portal, at www.af.mil, by clicking the "careers" tab. New users of the Portal will need to establish an account, which takes minutes, said officials. Virtual MPF is also available at www.afpc.randolph.af.mil.

For more information, call the Air Force Contact Center at (800) 616-3775, or the 39th Mission Support Squadron MPF customer service at 6-3280.

Project Connect inspires mentorship among officers

By 2nd Lt. Elizabeth Culbertson
39th Maintenance Group

Incirlik officers will soon have the opportunity to network with officers from other U.S. Air Forces in Europe bases — literally.

Through Project Connect, a Web-based mentoring program that matches field grade officers with junior grade officers, individuals will have a forum for counseling on a range of issues.

"Mentoring is key to professional development," said Maj. Paul Bugenske, 39th Contracting Squadron commander and Incirlik's Project Connect officer in charge. "It is the inherent responsibility of Air Force leaders to mentor future leaders."

Within the next month, USAFE officers will be asked to input personal data and answer questions in an online program. Based on their data, they will be paired up with other officers and will begin a Web-based mentorship program.

Major Bugenske said Project Connect will help facilitate personal and professional development by allowing field grade officers to offer career advice, share history and expertise, and prepare company grade officers for increased responsibilities.

"Project Connect is designed to be Web-based, but the possibilities for growth are endless," said Major Bugenske.

Project Connect is expected to be fully operational by May 15. For more information, call Major Bugenske at 6-3991.



Photo by Senior Airman James Seymore III

Combat Proud from the classroom

Caridad Basaca, School Age Program coordinator, helps Chelsea Schweiger, 10, paint vegetable garden boxes, the latest SAP project. After Airman Leadership School volunteers helped build the boxes, the children painted them brown and cream to align with other Combat Proud initiatives around base.

Sergeant receives AF-level award

By Airman 1st Class

Stephanie Hammer

39th Air Base Wing Public Affairs

A senior master sergeant selectee here was named the Air Force's 2003 Outstanding Base-Level Quality Assurance Evaluator of the Year March 7.

Master Sgt. Glen Paveglio, 39th Civil Engineer Squadron Quality Assurance Flight superintendent, was excited he was selected for an Air Force-level award, especially one in a specialty outside of his career field.

"I have mixed emotions," said Sergeant Paveglio. "Although this is an individual award, no one individual could come close to even being eligible for nomination without a massive team effort. This award is the direct result of the exceptional efforts each member of the quality assurance flight, the contractor's hard efforts, and support from the contracting squadron."

"I'm proud of Master Sgt. Paveglio," said Maj. Anthony Muzereus, 39th Civil Engineer Squadron commander. "His receipt of this award is a great reflection on the whole squadron, military and contractor. We're a great squadron providing great support to the greatest base in U.S. Air Forces in Europe, and it's being recognized."

As quality assurance evaluator, Sergeant Paveglio is responsible for the technical oversight and quality assurance of all base civil engineer functions on the Turkey base maintenance contract, the largest BMC in USAFE. The contract supports 21 tenant units and four geographically separated units with more than 8,000 personnel and \$4.1 billion worth of real property.

"This past year, Incirlik and each of the GSUs



Photo by Senior Airman Dallas Edwards

Master Sgt. Glen Paveglio, 39th Civil Engineer Squadron Quality Assurance Flight superintendent, reviews paperwork for errors. Sergeant Paveglio was named the Air Force's 2003 Outstanding Base-Level Quality Assurance Evaluator of the Year March 7.

have seen major changes," said Sergeant Paveglio. "Each one of these changes directly effects the TBMC and hence, the quality assurance flight. Each of our functional experts does a fantastic job assisting the contractor in meeting every mission demand throughout Turkey."

Sergeant Paveglio said the best part of his job is knowing he directly affects the mission and has the opportunity to grow daily.

"The position has taught me a lot about civil engineering, contracting, labor relations and most importantly, how teamwork affects the mission," he said.

With the voluntary evacuation of families, deactivation of Operation Northern Watch, the Operation Iraqi Freedom build up, a surety inspection, replacement of tent city, two change of commands and activation of a new TBMC, Sergeant Paveglio said 2003 was a busy year.

"I can hardly wait to see what this year has in store," he said.

In the future, Sergeant Paveglio said he plans to focus on evaluating and improving customer satisfaction, and maintaining his "can do" attitude.

"After all, civil engineers lead the way," he said.

Sexual assault team offers help for victims

By 2nd Lt. Elizabeth Culbertson

39th Maintenance Group

Victims of sexual assault should never feel alone at Incirlik; they need only pick up the phone to activate the Sexual Assault Response Resource Team.

SARRT seeks to efficiently meet the medical and emotional needs of sexual assault victims and to provide education and prevention efforts aimed at ending sexual assault.

"The team is a valuable resource for the commanders to use because we are a multidisciplinary team that can be reached through one phone call," said Maj. Diana Johnson, 39th Air Base Wing Judge Advocate and SARRT team member. "It is also a valuable tool for victims because we combined many of the agencies that can provide help to the victim."

SARRT is comprised of life skills, legal, family advocacy, medical, chaplain, office of special investigations and security forces agencies. By working together, these agencies are able to effectively address sexual

assault concerns, from education to treatment and support for victims, while recognizing the unique circumstances and concerns of military members.

The team's focus is on prevention efforts. It offers educational programs for base people to teach people about the dynamics of sexual assaults and how men and women should protect themselves. The team teaches, for example, that alcohol is a form of date rape drug. By emphasizing how many of the assaults originate, the team hopes people will avoid similar situations in the future.

"One of my main concerns as commander of American forces at Incirlik is to provide a safe environment that is responsive to community needs," said Col. Michael Gardiner, 39th ABW commander. "I recognize that we may never completely rid our community of this type of criminal misconduct, but I firmly believe we can make great strides toward this goal through continued commitment and steadfast resolve."

The team can be activated by calling security forces at 6-3200, dialing 911 or calling the hospital at 6-6666.

On the move ...



Photo by Senior Airman Michelle Miranda

Airman 1st Class Brian Shintaku, 39th Maintenance Squadron Munitions Flight, blocks and braces MK-84 general-purpose bombs March 5.



Photo by Senior Airman Heather Davidson

Containers carrying munitions line the port of Agalar, Turkey. The munitions are being sent to several places in U.S. Air Forces in Europe.

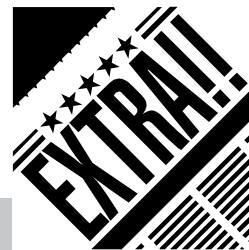
In May, Headquarters U.S. Air Forces in Europe Theater Ammunition Control Point directed the redistribution of Operation Northern Watch munitions assets. During the week of March 7, the 39th Logistics Readiness Squadron and 39th Maintenance Squadron culminated 10 months of coordination efforts into a massive ammunition port movement.

Shortly afterward, a combined U.S. and Turkish effort began planning to utilize the port of Agalar in Tasucu, Turkey for the movement. The port of Agalar is a NATO funded port built prior to Operation Iraqi Freedom. This was the first-ever usage of Agalar by the U.S. military.

In January, a team of personnel from both squadrons briefed the Office of Defense Cooperation and the Turkish General Staff on Incirlik's operational plan. Since that time, LRS and ammo personnel coordinated with 39th Security Forces Squadron, 39th Civil Engineer Squadron Explosive Ordnance Disposal Flight, the U.S. Army Surface Deployment and Distribution Command and the Turkish Air Force, Army and Navy.

The movement of containers began March 7, adhering strictly to anti-terrorism and force protection measures. Following the setup of the port, which began March 5, 1.9 million pounds of munitions with a net explosive weight of 476 thousand pounds was shipped in 83 containers to the port in three convoys over a three-day period consisting of a total of 63 trucks.

After the arrival of the final convoy March 10, the vessel carrying the munitions to multiple destinations in USAFE arrived at Agalar. The vessel was loaded in 8 hours and departed Agalar March 11. *(Courtesy of the 39th Logistics Readiness Squadron.)*



IN BRIEF

Base-wide power outage

There will be a two-hour base-wide power outage today from 2 to 4 p.m. The electric utility company will conduct maintenance and testing to electric system components supplying power to the base.

AF Portal registration mandatory

Air Force senior leaders have asked that all Airmen sign up for a new Web-based technology that promises to streamline access to information across the force — the Air Force Portal. U.S. Air Forces in Europe members must register for a portal account by Thursday.

Airmen may register for access to the portal by logging onto the Web site at <https://www.my.af.mil> and clicking on the self-registration link. The registration process is self-guided.

New legal office hours

The legal office customer service and walk-in hours are Monday and Wednesday, 9 to 11 a.m., and Thursday from 2 to 4 p.m.

License plate information

Individuals, who own a vehicle or rubber tired tractor, motorcycle or moped are not permitted to use it in traffic unless it is registered with the local traffic bureau.

A vehicle is not considered registered until a set of metal license plates have been issued to the registered owner, plates have been affixed to the vehicle, and a current registration and emissions certificate has been obtained.

Temporary license plates are issued to allow personnel a method of legally transporting their privately owned vehicle from the Delta office to their place of residence while the registration process is being completed. Personnel operating a vehicle with paper plates must take their vehicle directly to their designated place of storage on base. Temporary plates are valid for two days. The day the plate is issued is the first day and the next day is the second. If a person obtains a set of temporary plates on the last duty day of the week, the plates will expire the next calendar day, not the next duty day.

Failure to comply with proper licensing procedures will result in the vehicle operator being issued a DD Fm 1408/Traffic Citation for Failure to Register a Motor Vehicle.



Photos by Senior Airman James Seymore III

(Above) Terry Logue, 39th Civil Engineer Squadron alarm maintenance/hardened aircraft shelter supervisor, checks the fire alarm control panel. **(Left)** Kahraman Usanmaz a, 39th CES Alarm Maintenance Shop foreman, checks an antenna. The alarm maintenance shop maintains approximately 180 fire alarm systems, 10,000 heat and smoke detectors, 700 manual pull station fire alarms, and 1500 bells and horn-strobe alarms in every structure maintained by the U.S. government on base, plus some in Ankara and Yumurtalik. The shop also maintains 75 fire suppression systems.

You know the drill

Alarms maintenance minimizes loss of life, property

By Tech. Sgt. Melissa Phillips
39th Air Base Wing Public Affairs

When Terry Logue walks into a building, he automatically looks up to search the ceiling for little white boxes.

It's a habit the 39th Civil Engineer Squadron alarm maintenance/hardened aircraft shelter supervisor formed after 13 and a half years working with fire alarm systems.

Essentially, the entire base is Mr. Logue's work center or at least a small part of every building is.

His kingdom is made up of approximately 180 fire alarm systems, 10,000 heat and smoke detectors, 700 manual pull station fire alarms, and 1500 bells and horn-strobe alarms in every structure maintained by the U.S. government, plus some in Ankara and Yumurtalik. He also maintains 75 fire suppression systems on base, which, if activated, would soak the room down with a chemical spray to put out a fire.

"The systems are there to ensure the safety of personnel by giving an early warning to facility occupants, as well as an automatic call to the fire department to put out the fire," Mr. Logue said.

False alarms

He takes pride in all the systems, which work together to safeguard lives.

However, he said his customers aren't always as outwardly happy as he is about how acoustically well the systems work when activated, often in the early hours of the morning or at the least convenient moment.

"By the time we show up, they've already listened to the alarm for 10 to 15 minutes. They're happy when we leave, because the system is quiet," Mr. Logue said.

They're also happy when the alarm activates in a real crisis.

"I was in my room when I heard an alarm go off," said Senior Airman Michelle Miranda, 39th Communications Squadron photographer.

"I was scared at first, then I thought, 'Oh, I have to take photos.'"

When fire threatens

Airman Miranda is a photographer by trade and has documented about five fires in her career so far. The fire in her dorm, Building 894 that houses up to 68 occupants, was the worst one she's seen, although it was still a relatively small fire.

It occurred in November around midnight when most people were starting to drift off to sleep.

"I share a wall with the day room (where the fire occurred). I don't have many valuable items, but I have family photos, letters from loved ones, gifts people have bought me — the kind of things you can't replace.

"You take things for granted until you realize it could have affected you," Airman Miranda said. "It's scary ... someone could have died if that fire got really big."

It took the fire department about two minutes to get there thanks to the alarm system alerting them to a potential fire. An average room can quickly become engulfed, depending on the room's contents, in about five minutes, according to John Bailey, 39th CES fire chief.

"The fire in the cooking area of Building 894 cost the government about 250 dollars in damages, but it could have been worse," Mr. Bailey said.

Alarm maintenance success story

One of Mr. Logue's proudest success stories here was after old dormitories near Hodja Inn burnt to the ground about two years ago, yet not a single person was hurt.

No one knew it was Mr. Logue and his crew behind the obnoxious noises warning to leave the building, or any of the other times that an alarm goes off on base and saves a child, loved one or minimizes damage to property.

"My three guys and myself take a lot of pride in the fact that we're here to protect the lives of base people and their families," Mr. Logue said.



Physician advises using caution with supplements

By Capt. (Dr.) Adrian Stull
86th Aeromedical Evacuation Squadron

RAMSTEIN AIRBASE, Germany — With the recent implementation of new Air Force fitness standards, abdominal circumference has taken on new emphasis. As a result, some members are seeking methods for rapid fat loss in an effort to reduce their girth.

Members may be tempted to turn to herbs, alternative medications and supplements in an attempt to make weight loss easier. These unregulated medications can carry with them a number of risks.

Ephedra (also known as ephedrine or ma huang) has been used in traditional Chinese medicine for more than 2,000 years. Ephedra is a stimulant and has been shown to reduce weight, but there are several downsides to this drug. It is quite addictive, and, typically, weight loss has been shown to be reversed when people stop using the product. Some of the potential side effects may mimic a heart attack, including chest pain, a rapid heart beat, pain radiating down the left arm and shortness of breath. This medication has been shown to increase the risk of heart attack and stroke, which is why it was banned by the Air Force and the U.S. government in late 2003.

When using herbs, supplements and alternative medications, it is important to be very careful and read the fine print on the bottle. The Dietary Supplements Health Education Act, passed in 1994, made it legal for people to sell anything marketed as a supplement without oversight and regulation by the U.S. Food and Drug Administration.

However, supplement companies will usually print a "fine print" list of people who shouldn't use the supplement. It's very important to read this. The DSHEA Act also requires supplement manufacturers to print the phrase: "These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease" on their products.

An additional risk with herbs, supplements and alternative medications is the possibility that the bottle of pills does not actually contain the herbs that are listed on the label. Other drugs may be mixed in, and the "active ingredient" may not be present at all.

The numerous risks associated with over-the-counter weight loss supplements currently available often outweigh the benefits. For questions about weight loss or other supplements, call the health and wellness center here at 6-8256.



Photo by Senior Airman Dallas Edwards

Bowling to perfection

Senior Airman Corey Smith, 39th Logistics Readiness Squadron hazardous material pharmacy journeyman, knocks down pins at the Magic Carpet Bowling Alley Monday. Airman Smith bowled a perfect score for the 14th time in his bowling career March 16. "When it came to the 10th frame, I actually was not nervous," he said. "Since I have been in that situation before, I knew what the feeling was like, and I knew what I had to do."



Bowling leagues — The Magic Carpet Bowling Center sponsors intramural league bowling Mondays and Tuesdays from 6 p.m. to 9 p.m. For more information, call 6-6789.

Home Run Derby — The youth center sponsors a Home Run Derby Saturday at 10 a.m. for ages 8 to 18. Cost is \$2. For more information or to register, stop by the youth center or call 6-6670, 6-3246 or 6-3263.

Volunteer coaches — The youth center needs volunteers to coach youth baseball. The season runs April 17 to June 12. To volunteer, stop by the youth center and pick up a volunteer packet. For more information, call Bo Benton, 39th Services Squadron recreation specialist, at 6-6670.

Combat Hapkido — The fitness center sponsors Combat Hapkido Mondays and Wednesdays at 7:45 p.m. and Fridays at 6:30 p.m. For more information, call the fitness center at 6-6086.

Scuba course — Outdoor recreation offers a scuba course, which includes training and Professional Association of Diving Instructors certification. Water training is provided in an indoor pool, plus four open water dives in Kizkalesi. Classes are ongoing. Cost is \$250. For more information, call Yasar Karalar, scuba instructor, at 6-6044 or e-mail incirlikdiving@yahoo.com.

Rugby — Rugby enthusiasts meet Wednesdays at 6:30 p.m. and Saturdays at 5 p.m. at the high school sports field. Everyone is welcome. Instruction is provided for beginners. For more information, call the fitness center at 6-6086.

Skeet and trap shooting — Outdoor recreation offers skeet and trap shooting Tuesdays through Fridays by appointment. Open shooting begins Saturdays at 9 a.m. Cost is \$10 and includes shells and clays. For more information, call 6-6044.

Rhythmic gymnastics — Rhythmic gymnastics are offered Tuesdays and Thursdays at 4 p.m. for ages 5 and up. Cost is \$30 for members and \$35 for non-members. For more information, call the youth center at 6-6670.

COMMANDER'S COMMENTS



By Col. Michael Gardiner, 39th Air Base Wing commander

After a busy first week, I'm still brimming with pride to be a part of Team Incirlik. Every day, I'm continuously impressed with the quality of work everyone does here.

USAFE/CC visit

Last week we were fortunate enough to host a visit by Gen. Robert Foglesong, U.S. Air Forces in Europe commander. General Foglesong is a strong advocate for Incirlik Air Base's future role and mission, given our strategic location and robust infrastructure. He was impressed with all the work that has gone into making our base look like a home we can be proud of.

Kudos

Team Incirlik is always working hard, and that hard work doesn't go unnoticed. Congratulations to the **Public Affairs Office**, which was recognized for their outstanding work at the Air Force level for their internal information program. Their dedication to the Commander's Access Channel and the base paper, *Tip of the Sword*, has made the programs the best in the Air Force.

In addition, **Staff Sgt. Gary Axley**, 39th Logistics Readiness

Squadron NCO in charge of deployments, was selected for officer training school. Congratulations again to all our award winners.

Special duty team

The AETC Special Duty Briefing Team will be on base Wednesday. Please stop by the headquarters building, Bldg. 833, in the second-floor conference room, at 10 a.m. to learn more about your options to become a military training instructor, recruiter and filling other special assignments or positions. For more information, call the career assistance adviser, Tech. Sgt. Roberta Williams, at 6-1019.

AF Portal

Remember to sign up for an Air Force Portal account by the end of next week - it's a mandatory requirement for all USAFE Airmen. If you don't know what a portal account is and how it can simplify your life, go to <https://www.my.af.mil> and click on the self-registration link, or call Master Sgt. Cynthia Clarke, 39th Communications Squadron systems engineering chief, at 6-8342.

AFAF campaign

The Air Force Assistance Fund "Commitment to Caring" campaign is under way. This is just one example of how the Air Force takes care of it's own. For more information on how to contribute to this airmen-helping-airmen initiative, visit the AFAF Web site at <http://afassistancefund.org>, or call your unit project officer. Remember, all donations are tax deductible.

Force protection

Although travel restrictions to Adana were lifted, please remember to avoid large crowds and use caution when leaving the base, especially Sunday during Turkish elections. Report suspicious activity to the law enforcement desk at 6-3200.

Keep up the great work. Have a safe weekend, and remember to keep force protection in mind at all times - your life depends on it!

Commander's action line

The Commander's Action Line is your direct link to the wing commander. It's your opportunity to make Incirlik Air Base a better place to live, work and play.

First, give the appropriate base agency a chance to solve the problem, but if you don't get a satisfactory answer, voice your opinions to the 39th Air Base Wing commander, Col. Michael Gardiner, by calling the Public Affairs office at **6-6060**, or send an e-mail to action.line@incirlik.af.mil.

To ensure you receive a quick response to your concerns, please leave your name and the information needed to contact you.

Questions and responses may be printed in the *Tip of the Sword*.

Staying in New career assistance adviser talks retention

By Tech. Sgt. Roberta Williams

39th Air Base Wing career assistance adviser

I am the new 39th Air Base Wing career assistance adviser. My duties and responsibilities include advising commanders and supervisors on retention and career issues, advising separating Airmen on the Air Force Reserve, Guard and Civil Service program opportunities and providing information for commanders to assess retention and retraining trends. But most important, I am your source of information and your adviser on career concerns.

I maintain a Web site on the Source under 39th ABW agencies, which I am in the process of updating with current links.

My job also includes visiting all squadrons on base, so expect to see me around.

The Air Force retention rate goals are 55 percent for first-term Airmen, 75 percent for second-term Airmen and 95 percent for career Airmen.

Incirlik Air Base's fiscal 2003 retention rates were 81 percent, 82 percent and 98 percent respectively. The base experienced higher retention rates for several reasons, including short assignment status (unaccompanied Airmen have follow-on assignments), combat tax exclusion zone, hostile fire pay and the savings deposit program to name a few.

I want to remind everyone that the Air Education Training Command Special Duty Team visits here Wednesday in Bldg. 833, in the second-floor conference room from 10 a.m. until 3 p.m. They will be briefing on recruiter, military training instructor, technical training and professional military education duties.

Remember, I am the clearinghouse to address irritants and concerns. I may not know all the answers, but I will be able to point you in the right direction. Stop by and see me in Bldg. 833, Room 174, call me at 6-1019 or e-mail roberta.williams@incirlik.af.mil. My office hours are from 7:30 a.m. until 4:30 p.m.



Ask MEHMET

By Mehmet Birbiri, Host Nation Adviser

Turkish National Anthem

Question: A few weeks ago, I was visiting a Turkish friend at his house. Knowing that I am a soccer (football) fan, he asked me if I wanted to watch a soccer match on T.V. The stadium was full, and the spectators were supporting their team very strongly. They were chanting even before the game started and the players came onto the field. It was almost impossible to hear the speaker.

To my surprise, right before the referee blew his whistle to start the match, everybody in the stadium stopped screaming, stood up and started to sing the Turkish national anthem. When I looked closer, I noticed the players were also singing. It sounded quite interesting. You should be proud of your national anthem.

Mehmet, I would like to know what those words mean.

Response: Of course, the national anthem of every country is special and should be fully respected. But, the Turks are quite different. In

addition to being the national symbol, the words of the anthem tell about the war of independence and reminds us of our rich history.

We sing it with pride before every match of any national team, including soccer, basketball and volleyball. In recent years, we started to sing it in the stadiums even when our local teams play with each other. School children sing the national anthem every Monday morning before starting classes.

The words of the national anthem were written by Mehmet Akif Ersoy, a famous Turkish poet. Initially, a competition was held in 1921 to select a poem for the national anthem, but none of the 724 entries were chosen. Ersoy was asked to write the poem for payment, but he refused. He later wrote the words to the anthem after being personally asked by the Ministry of Education to do so, without pay. The poem he wrote for the anthem was loved and accepted by the Grand National Assembly. He was asked to read it 10 times at the assembly when it was forwarded for acceptance, receiving endless applause each time.

Turkish musician Zeki Ungor composed the music for the anthem.

The following is the translated version of the anthem:

Fear not and be not dismayed, the crimson flag will never fade.

It is the last hearth that's burning for my nation, and we know for sure that it will never fall.

It's my nation's star and it is mine...

Frown not, fair crescent, for I am ready to die for thee.

Smile now upon my heroic nation; leave this anger lest the blood shed for thee unblessed be.

Freedom is the right of this, my nation.

Yes, freedom for us who worship God and seek what's right.

In Turkish

Ulusal - national
(ou-lou-sahl)

mars - anthem
(marsh)

secim - election
(seh-chim)

siir - poem
(she-ih)

mac - match
(mahch)

Do you have a question about something Turkish? Ask Mehmet. To submit a question, call 6-6060 or e-mail mehmet.birbiri@incirlik.af.mil.



Photo by Senior Airman Michelle Miranda

Turkish elections held Sunday

Local elections throughout Turkey are Sunday. All kinds of party campaigns, meetings, rallies and speeches will end Saturday at 6 p.m.

All the banners, signs, party flags and decorations should be cleared by 6 p.m. There are some restrictions to be observed Sunday.


♦ No alcoholic beverages can be served or consumed at public places. Restaurants will be open, but they cannot serve alcoholic beverages.

♦ No one, except security forces personnel on duty, can carry fire arms or weapons.

♦ Avoid large crowds and gatherings. The atmosphere will very political Sunday.

♦ Do not discuss politics with local nationals.

THE INCIRLIK GUIDE



Today

IOSC scholarship packets due — Packets for the Incirlik Officer Spouses' Club scholarship are due today. Scholarships are available to all graduating seniors at Incirlik High School and continuing education students. Packets are available through the high school guidance counselor office and from the education center in Building 833. More than \$7,000 in scholarships will be distributed. For more information, call Carla Frankart, IOSC scholarship coordinator, at 6-5791.

Top III meeting — The 39th Air Base Wing Top III Association meets at noon in the enlisted lounge at the club. For more information, call Master Sgt. Cynthia Clarke, 39th Communications Squadron systems engineering chief, at 6-8342.

Youth talent show meeting — There will be a meeting for parents and contestants of the U.S. Air Forces in Europe Talent Show today and April 2 in the youth center at 5 p.m. The talent show is open to children ages 6 through 18. For more information, call the youth center at 6-6670, 6-3246 or 6-3263.

Saturday

Sewing clinic — The youth center offers a pre-teen sewing clinic in the youth center at 5 p.m. Cost is \$ 10 for members and \$12 for non-members. For more information, call 6-6670, 6-3246 or 6-3263.

Sunday

Mass guest speaker — The guest speaker during Mass at 9:30 a.m. in the chapel is Father Bruno. For more information, call Patty Heidlage, 39th Air Base Wing chapel religious events coordinator, at 6-3890.

Upcoming

APHA potluck — The Asian Pacific Heritage Association hosts their monthly membership potluck April 2 from 6 to 8 p.m. at the Incirlik Elementary School in the multipurpose room. For more information, call Capt. Raul Viray, 39th Medical Squadron Information Management Flight officer in charge, at 6-8794

AAHC scholarship opportunity — The Incirlik African American Heritage Council will award three \$1,000 scholarships to Incirlik High School seniors' winning essays. Submissions must be between 500 and 1,000 words, 12 pitch and double-spaced. The topic is "How a Scholarship will further my education." The contest is open to seniors. Essays are due to Sandra Daniels, high school principal, no later than April 15. For more information, call Master Sgt. Leroy Weston, 39th Logistics Readiness Squadron Management and Systems Flight superintendent, at 6-8884.

PTO meeting — The Incirlik Elementary School Parent Teachers Organization will meet April 14 at 2:30 p.m. in the elementary school media center. For more information, call 6-3109.

School Advisory Committee — The Incirlik Elementary School Advisory Committee meets April 15 at 2:30 p.m. in the elementary school media center. For more information, call 6-3109.

Ongoing

Incirlik riding club — The Country Plains Horseback Riding Club offers adult and children's horsemanship classes and riding lessons. For more information, call Terry Hodges, riding club public affairs, at 6-5639.

Airlift/Tanker Assoc. — Incirlik is forming a new chapter of the Airlift/Tanker Association. A/TA is an organization that promotes the development of the nation's air mobility capabilities and supports the research and ad-

vancement of aerospace power through scholarships, financial loans and grants. For more information, call Lt. Col. Janon Ellis, 728th Air Mobility Squadron commander, at 6-6710.

Girl Scouts — The Incirlik Girl Scouts are looking for an overseas committee chair. Applicants must have managerial, verbal and written communication skills, and 18 months time left on station. For more information, call Donna Pena, Incirlik Girl Scouts volunteer, at 6-6800, or Wendy Dostart, Incirlik

Girl Scouts volunteer, at 6-2353.

Boy Scout volunteers — Boy Scout Troop 218 seeks a scoutmaster, assistant scoutmasters and other volunteers. For more information, call Luke Dechant, troop committee chairman, at 6-5527 or e-mail lucas.dechant@incirlik.af.mil.

Language classes — The community center offers both conversational English and conversational Turkish classes from 6 to 8 p.m. Cost is \$25 for four classes. For more information, call 6-6966.



Saturday

Men's Bible study — Combat Touch sponsors Bible study for men in the food court at 9 a.m. They are currently studying the "Power of a Praying Husband." For more information, call the chapel at 6-6441.

Sunday

Financial Sunday School — Combat Touch sponsors a new Protestant Sunday School Class that starts today. Classes meet in the chapel from 9:45 to 10:45 a.m. and focus on exploring finances and financial management from a biblical perspective. For more information, call Sueann Herkel, chapel events coordinator, at 6-6441.

Tuesday

PWOC Spring Bible studies — Combat Touch hosts Protestant Women of the Chapel Spring Bible studies Tuesdays from 6:30 to 8 p.m., Wednesdays from noon to 1 p.m. and Fridays from 8:30 to 10 a.m. For more information, call Monica Matthews, PWOC president, at 6-2298.

Wednesday

Adult Bible study — Combat Touch sponsors Bible study for adults at 6:30 p.m. in the chapel annex. The book of Revelations is currently being studied. For more information, call Chaplain (Capt.) Rick Harvey, 39th Air Base Wing chaplain, at 6-6441 or Rich Sironen, Bible study coordinator, at 6-3190.

Upcoming

National Volunteer Week — Volunteers are needed to plan events and activities for National Volunteer Week April 18 through 24. For more information or to volunteer, call Christina Politte, 39th Mission Support Squadron family life specialist, at 6-6755.

Ongoing

Combat CARE car care — The Incirlik Family Support Center gives away vouchers for free minor car maintenance to family members of deployed servicemembers. For more information, call the FSC at 6-6755.

WARRIOR OF THE WEEK



Senior Master Sgt. Randy Follensbee, 39th Maintenance Squadron superintendent

Time on station: Six months

Time in service: 21 years

Hometown: Lebanon, N. H.

Hobbies: Motorcycles, golf and gardening

How do you contribute to the air base wing's mission?

"I ensure that the 39th Maintenance Squadron is postured to support real-world contingencies and weapons training deployments. I also act as a liaison for the maintenance squadron when dealing with wing agencies. As the functional area agreement coordinator and the base plans manager representative for the maintenance squadron, I provide facilities equipment and support to deployed units supporting the global war on terrorism, air mobility squad-

ron and transient aircraft."

What do you like most about Incirlik?

"Learning about the Turkish culture and customer service that you receive on base. The people really do an excellent job."

Why did you join the Air Force? "I always wanted to be a crew chief on fighter aircraft, college and travel."

What's your favorite motto and why? "Lead, follow or get out of the way." My primary job is to provide leadership, follow the orders of leadership and implement them like they are my own. I don't have time for people who don't want to get involved and get things done."

What Air Force core value best describe you, and why? "Service before self. I've done this my whole career."

Supervisor's quote: "Senior Master Sgt. Follensbee is one of the finest people I've worked with in my 23 years in the Air Force. Rare is the occasion that we receive a tasking in which Randy isn't already engaged," said Chief Master Sgt. Steven Herdler, 39th MXS chief enlisted manager. "He approaches every task, from coordinating issues with the MAJCOM (major command) to cleaning the hangar floor, with equal care and enthusiasm. His energy and passion for our mission is infectious. Outstanding leader ... one of Incirlik's best."

shelf on top with a light. Very nice. \$100 OBO. A must see. Call Andrea or Branden at 6-5400.

For sale: Six-piece entertainment center, made at Redwoods, made less than eight months ago, \$1,500 OBO. Call Dave at 6-2372.

For sale: Full-size couch and loveseat, floral print, very comfortable, smoke-free home, \$300 OBO. Call Jeremy or Ashley at 6-5718 (home) or 6-6757 (work).

Help wanted: Nutritionists/dietitians/nurses. Requires a bachelor's degree in nutrition, dietetics, nursing or home economics. Experience in prenatal, maternal or infant nutrition required. Registered dietician preferred. Experience with the Women, Infant and Children Program desirable. Must have current driver's license. E-mail resume, cover letter and copy of applicable licenses to wicjobs@cmse.net and staci.crawford@lakenheath.af.mil, fax to (210) 341-3455, or mail to Choctaw Management Services Enterprise, Attn: WIC Overseas, 2162 NW Military Hwy, Suite 308, San Antonio, Texas, 78231. For more information, call DSN 226-9016.

aims to help with the personal and professional development of USAFE Airmen. For more information or for help meeting advanced education goals, call the education center at 6-3211, the University of Maryland University College at 6-6367, Central Texas College at 6-8399, or Embry-Riddle Aeronautical University at 6-1098.

YOUR TURN



To submit a question for "Your Turn," call 6-6060 or e-mail tip.sword@incirlik.af.mil

April is the Month of the Military Child. What are some ways to encourage children to become good citizens and leaders?

"We as parents need to embrace our responsibilities and set a positive example by doing onto others as we would have them do onto us. Our children will learn much more from our actions than from our words."



– **Master Sgt. Mark Boggett, 39th Communications Squadron**

"I lead by example. I also encourage other children and adults to lead by example. I think if you do something positive, they are more likely to want to do the same thing."



– **Radell Ward, Homemaker**

"I encourage my three children to become good citizens by keeping them involved in the Girl Scouts and Boy Scouts."

– **Army Sgt. Jason Schafers, Headquarters Troop 1/3**



Armed Cavalry Regiment

"I think it's important to have family involvement and make sure you have good communication with your children to steer them in the right direction and give them goals to look forward to."

– **Yvonne Hoover, Homemaker, and son, Kayden, 2**



"Education, education, education ..."

– **Maj. Joe McFadden, 39th Maintenance Squadron**



CLASSIFIEDS

For sale: IKEA-style entertainment center; 6' tall, 7' wide; glass display tower; cupboard tower with two adjustable shelves and two deep drawers. \$75 OBO. Call Cindy at 6-2458.

For sale: 1997 Dodge Neon, A/C, new transmission, Pioneer subwoofer, amplifier, rear speakers, Kenwood CD player, very good condition, \$5,000. Call Halil at 05277083963 or 4571024.

For sale: Two-piece cherrywood entertainment center. Purchased in the states two years ago, minor scratches from move, but nothing that can't be fixed in the alley. The entertainment center has two shelves on one side and CD storage on the bottom. One piece has shelves with a light at the top and space on the bottom, the other piece has a CD case with cabinets on the bottom and a



By meeting the program goals this initiative

Combat Education is a U.S. Air Forces in Europe combat program which helps remove barriers to allow Airmen to pursue advanced education.



Photos by Senior Airman James Seymore III

Up for adoption

(Right) Airman Robin Kirkhom, 39th Logistics Readiness Squadron storage issue apprentice, donates to the stray animal facility and is assisted by Nancy Shrope, family program manager. (Above) Toffee, a long-haired calico stray cat, was the first cat to be adopted from the new facility.

The animal facility's grand opening was Saturday. The shelter is in Bldg. 6048 and is open Mondays through Fridays from 4 to 5 p.m., and Saturdays and Sundays from 9 to 10 a.m.



Daylight savings

Daylight savings time starts Sunday. The In-cirlik community is reminded to set clocks ahead one hour Sunday at 2 a.m. The Commander's Access Channel will also be available with a display of the current time.



AT THE MOVIES

At the Oasis

Today

House of Sand and Fog (R) – Starring Jennifer Connelly and Ben Kingsley.

Massoud, despite a pretense of continued affluence, is barely making ends meet until he sees his opportunity in the auction of a house being sold for back taxes. It is a terrible mistake. The house has been improperly seized from its rightful owner, and she decides to fight to recover her home at any cost. Showing at 7 p.m. (126 minutes)

Saturday

Disney's Teacher's Pet (PG) – Animated.



Spot is a dog who can talk and read and longs for more than the doggy life. He masquerades as a human

and sneaks into school with his master, Leonard, posing as fellow student Scott Leadready II. Simply pretending to be a boy isn't enough for him, he wants the real deal. Showing at 5 p.m. (84 minutes)

Chasing Liberty

(PG-13) – Starring Mandy Moore and Matthew Goode. Pop star Anna Foster, the daughter of the President James Foster, anxious for some breathing room, ditches her secret security detail. She sets out across Europe with her boyfriend Ben. Showing at 7 p.m. (91 minutes)



Sunday

Disney's Teacher's Pet (PG) – Animated. Showing at 3 p.m. (84 minutes)

Mona Lisa Smile (PG-13) – Julia Roberts and Julia Stiles – America in 1953 was a time ripe for change for women, and when Katherine arrives to teach Art History at



Wellesley College, she finds the institution drowning in outdated mores. She takes on the estab-

lishment and deeply affects her students who, in return, lead her to alter the course of her life forever. Showing at 7 p.m. (125 minutes)

Thursday

Stuck on you (PG-13) – Starring Matt Damon and Greg Kinnear. Showing at 7 p.m.

At the M1

Freddy vs. Jason (R) — 11 a.m., 1 p.m., 3 p.m., 5 p.m., 7 p.m., 9 p.m. and 11:45 p.m. (97 minutes)

Runaway Jury (PG-13) — 11 a.m., 1:30 p.m., 4 p.m., 6:45 p.m., 9:15 p.m. and 11:45 p.m. (125 minutes)

Cheaper by the Dozen (PG) — 12 p.m., 2 p.m., 4 p.m., 7:15 p.m., and 9:30 p.m. (125 minutes)

Something's Gotta Give (PG-13) — 1:30 p.m., 4:15 p.m., 6:45 p.m., 9:15 p.m. and 11:45 p.m. (128 minutes)

Paycheck (PG-13) — 11:15 a.m., 1:30 p.m., 4:15 p.m., 6:30 p.m. and 9 p.m. (119 minutes)

For more information and updates, call the movie recording at 6-6986 or the theater office at 6-9140. The provision of movie information does not constitute an endorsement by the 39th Air Base Wing, U.S. government, Department of Defense or Department of the U.S. Air Force. For more information, call the theater at 6-6986.